

Heartfelt Secrets: 12 Signs He Is Fighting His Feelings for You

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Human emotions can be complex and sometimes hard to interpret when it comes to matters of the heart. It can be confusing to tell if someone is hiding their feelings, but there are telltale signs to look out for. If you're wondering if someone is hiding their feelings, look for these signs he is fighting his feelings for you.

In this journey of the coronary heart, a phenomenon frequently comes into play – the obvious 12 signs he is fighting his feelings for you. Join me as we delve into the heart of the matter, decoding those exciting hints and exploring the enigma of human emotion.

WHAT ARE THE SIGNS HE IS FIGHTING HIS FEELINGS FOR YOU?

He Avoids Eye Contact

Eye contact is an effective form of nonverbal communication. If he keeps his gaze off yours or cannot keep eye contact for long, he is probably afraid that his eyes will supply more than he needs to show.

He Gets Nervous or Flustered

People who fight their feelings could be worried or flustered in your presence. It could manifest as stumbling over his sentences, blushing, or tripping over his feet.

Hesitation in Communication

If you notice that he hesitates or stumbles while talking to you, it might be a sign that he's trying to hide his feelings. He might be carefully choosing his words to avoid revealing too much.

He Changes the Subject to Feelings

Bringing up emotions might make him uncomfortable, causing him to change the subject rapidly. Suppose he constantly redirects the communication far from emotional issues. In that case, it is a sign he is fighting his feelings for you.

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