

15 Meaningful Things to Talk About with a Loved One with Alzheimer's

If you're spending time with a loved one who has Alzheimer's, you know the conversations can sometimes get... well, repetitive. (How many times can we talk about lunch, right?) But here's the thing: repetition is part of the disease, and it's not their fault. That said, it's okay to feel a little stir-crazy and want to gently redirect the conversation to something more joyful or engaging.



