

This Man Intentionally Subjected Himself to the Sting/Bite of 83 Different Insects to Create a StingPain Index

Think your job is painful? Try spending a workday with Justin Schmidt, father of the Schmidt sting pain index.



Just a normal day on the job for Justin Schmidt, who created the Schmidt sting pain index. Image credit: Justin Schmidt via Guinness World Records

While most of us try to avoid insect stings at all costs, one scientist has made it his goal to learn everything there is to know about them.

Dr. Justin Schmidt, an entomologist at the Southwestern Biological Institute in Arizona, United States, estimates that he has been stung by 150 different species over a thousand times – mostly accidentally, but occasionally on purpose. His goal was to create an excruciatingly comprehensive pain index that ranks 83 of those species on a spectrum of 1 to 4 according to the intensity of their stings.



