

## JAX Fitness & Rehabaa

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4A6, Canada

Phone Number:

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Website:

<https://www.jaxfitnessrehab.com/>



Google GMB:

[https://maps.app.goo.gl/yRKaEo3hAZSEhKhW7?g\\_st=co](https://maps.app.goo.gl/yRKaEo3hAZSEhKhW7?g_st=co)

### Business Description

JAX Fitness & Rehab, Vancouver's premier destination for independent personal trainers specializing in strength, mobility, and exercise rehabilitation. Located at 1416 West 8th Avenue, Vancouver, BC V6H 4A6, Canada, our private studio offers personalized training options guided by expert instructors, making it ideal for those looking to strength train or seeking a safe environment for rehabilitation. Emphasizing personalized attention, we cater to women's and muscle building goals. Recognized by The Best Vancouver list as one of the top ten personal trainers in the city, join us for elite personal training sessions combined with dedicated rehabilitation

programs tailored to your needs. We also offer small group training and tandem training for couples or friends. For more information on personal training in a group setting. For more information on a session, call us at (778) 771-0223

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