## Surgeons and Advanced Careaa

Spleen surgery, known as a splenectomy, is a procedure to remove the spleen, an organ located in the upper left part of the abdomen. The spleen plays a vital role in filtering blood, fighting infections, and maintaining overall immune health. However, conditions like spleen enlargement, trauma, or certain blood disorders may necessitate its removal.

Why is Spleen Surgery Performed?

Common reasons for spleen surgery include:

- Trauma: Injuries to the spleen from accidents or falls can lead to life-threatening internal bleeding.
- 2. Blood Disorders: Conditions like sickle cell anemia, thalassemia, or immune thrombocytopenia (ITP) can affect spleen function, making surgery necessary.
- 3. Cysts or Tumors: Growths within the spleen that are malignant or cause pain and discomfort may require removal.
- 4. Enlargement (Splenomegaly): Infections or diseases can cause the spleen to become abnormally large, putting pressure on nearby organs.

## Types of Spleen Surgery



- Open Splenectomy: A traditional approach where a surgeon makes a larger incision to remove the spleen.
- Laparoscopic Splenectomy: A minimally invasive surgery that uses small incisions and a camera, offering quicker recovery and less pain.

Why Choose Delhi for Spleen Surgery?

Delhi is home to some of the <u>best hospitals and surgeons in India</u>, known for their advanced facilities and expertise. Patients prefer Delhi because:

- Top Surgeons: Delhi boasts highly skilled, board-certified surgeons with years of experience in spleen surgeries.
- 2. Cutting-Edge Technology: Many hospitals in Delhi offer the latest techniques, including laparoscopic and robotic surgeries, which improve outcomes and speed up recovery.
- 3. Comprehensive Care: <u>Hospitals in Delhi</u> provide excellent post-operative care, including monitoring for infections and support for a smooth recovery.