In vitro fertilization (IVF) has emerged as a beacon of hope for couples facing fertility challenges. This assisted reproductive technology has brought the joy of parenthood to countless families worldwide. If you're considering IVF, understanding the process is the first steptoward demystifying this life-changing journey. At <u>Dr. Ankita's Fertility Center in Mumbai</u>, we guide you through each stage, ensuring clarity and support.

What Is IVF?

IVF involves fertilizing an egg with spermoutside the body, in a laboratory setting. Once fertilization occurs, the resultingembryo is transferred to the uterus forimplantation and subsequent pregnancy. This technique is often recommended forcouples struggling with infertility due tofactors like blocked fallopian tubes, lowsperm count, ovulation disorders, orunexplained infertility.

Step-by-Step Guide to the IVFProcess

1. Initial Consultation and Assessment

Your IVF journey begins with a detailed consultation. At <u>Dr. Ankita's Fertility Center</u>, specialists evaluate your medical history, conduct physical examinations, and recommend tests such as hormonal assays, ultrasounds, and semen analysis. This step ensures a personalized treatment plan tailored to your unique needs.

2. Ovarian Stimulation

In a natural menstrual cycle, only one egg matures. However, IVF requires multiple eggs to increase the chances of fertilization. To achieve this, hormone injections are administered to stimulate the ovaries. Regular ultrasounds and blood tests monitor follicle development during this phase.