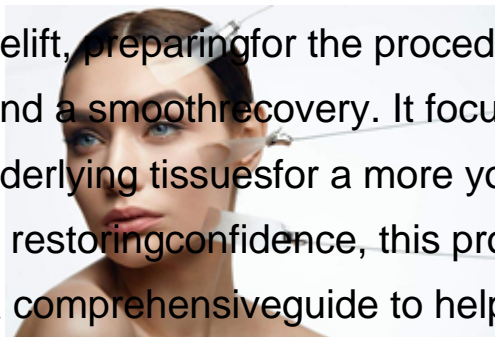


How to Plan for the Best Results from Your Facelift

Facelift surgery, also known as rhytidectomy, is a transformative procedure designed to enhance facial contours, reduce signs of aging, and restore a youthful appearance. At Restore Clinic in Navi Mumbai, led by the highly skilled Dr. Ashish Sangvikar, patients are guided through their facelift journey with personalized care and expertise. Wondering how to prepare for your facelift surgery? Understanding the process and consulting an expert ensures the best results for your transformation.

If you're considering a facelift, preparing for the procedure is a vital step in ensuring optimal results and a smooth recovery. It focuses on lifting and tightening the skin and underlying tissues for a more youthful look. Whether addressing aging signs or restoring confidence, this procedure is tailored to individual needs. Here's a comprehensive guide to help you get ready.



1. Schedule a Consultation

The first step in preparing for your facelift surgery is booking a consultation with an experienced surgeon, like Dr. Ashish Sangvikar at Restore Clinic. During this consultation, the surgeon will evaluate your medical history, facial structure, and aesthetic goals to create a customized treatment plan. Be honest about any medical conditions, medications, or allergies to ensure the procedure is safe and effective.

2. Follow Pre-Surgery Instructions

Your surgeon will provide detailed instructions to prepare you for the surgery. These may include:

- **Avoid Blood-Thinning Medications:** Stop taking aspirin, ibuprofen, and certain supplements like Vitamin E, which can increase the risk of bleeding.

