

Manitoba 55 PLUS Plan Program Benefits and Amounts in 2024aa

Seniors aged 55 and older in Manitoba can receive higher benefits following an increase in the 55 PLUS Plan quarterly payments.

In this guide, you will learn the maximum amount you can receive, your eligibility for this benefit and how to apply for it.

How Much You Can Receive

Below are the maximum amounts you can receive from the program every three months:

- Single individual – \$161.80
- Couple (Married or common-law) – \$173.90

What Is the 55 PLUS Plan?

The 55 PLUS Plan Program is a Manitoba Income Supplement given to qualified residents in the province aged 55 and over who meet the income requirements.

It comes in two components that cater to different age ranges and annual incomes:

55 PLUS Junior Component

This category is for people 55 or older who are not qualified to receive benefits from the Old Age Security (OAS) Program. Your annual income must not exceed \$9,746.40. If you belong to this category, you will receive partial benefits from the plan.

55 PLUS Senior Component

The senior component is for eligible individuals receiving OAS benefits. In this category, benefits are based on net family income, family structure, and the kind of benefits you receive via OAS.

What Are the Payment Dates?

The benefits are issued four times a year: in late April, July, October and January. The first payment that eligible individuals receive will include the benefits for three months from the time of the approval of their application.

Who Is Eligible for the Manitoba 55 PLUS Plan?

Individuals must meet the following requirements to be eligible for the program:

- 55 years or older
- A resident of Manitoba
- A valid Manitoba Health Registration number
- Meets the allowable income requirements

