

10 Signs You Have Autism as a Girl

Autism Spectrum Disorder (ASD) often shows up in girls and boys in different ways, which can cause signs to be misunderstood or not diagnosed right away. Figuring out these differences can help girls, their families, and their teachers see things more clearly. The main signs that may point to autism in girls are talked about below, along with the different ways it can show up.

Signs You Have Autism as a Girl

1. Difficulty in Social Interactions

In order to make and keep friends, [girls with autism](#) often have trouble. Even though they might seem socially adept at first, these conversations can be too much for them. Some key signs are:

- Struggling to make friends: Girls may feel anxious in group settings and prefer one-on-one interactions.
- Mimicking social behavior: Some girls try to fit in by watching and copying what their friends do without fully understanding the subtleties of social behavior.

Intense fear of rejection: This can lead to avoiding social situations altogether.

You may want to Read: [15 Hidden Signs You Have Autism as a Girl—Discover Now!](#)

2. Special Interests That Differ in Intensity

One hallmark of autism is having strong, focused interests. When it comes to girls, these interests may seem more normal, but they are followed with great passion. As an example:

- A deep fascination with animals, books, or certain people.
- Putting together groups of things like dolls or stationery in very specific ways.
- Putting hours into getting better at crafts or hobbies.

In contrast to their neurotypical peers, these hobbies often take up all of a girl's free time and thoughts.

3. Masking or Camouflaging Behavior

Girls on the range often hide their autistic traits to fit in with their peers. Camouflaging is the name for this effect, which can make you exhausted and upset. Some common masking habits are

