







# Financial Infidelity: How to Overcome it Together

Reading Time: 9 minutes

Financial infidelity is a big concern and something that is present in some relationships. While it can be overcome, it must first be recognized for what it is.

Financial infidelity is something that can be quite challenging in relationships, so we'll go over what it is, how it can be damaging to a marriage, and how to overcome it.

## What is considered financial infidelity?

Before we go further, let's determine what financial infidelity is. Put very simply; it's when couples lie to each other about money. This can include various things such as:

### Secret credit cards

Having credit cards that the other spouse doesn't know about is considered financial infidelity. It can be very damaging to a relationship to keep this secret, not to mention it can be challenging to pay things off when your partner is unaware of the costs of your secret credit card.

### Lying about how much something costs

Saying that something costs less than it does is financial infidelity, as well. You aren't letting your spouse in on the full financial picture, and this can hurt your budget and relationship.

If you purchase something for \$500, but you tell your partner it was only \$100, this is a red flag.

### Lying about paying bills

If you don't tell your partner the truth about bill paying, but instead tell them you paid the bills when you didn't, or that you paid off a credit card when it was really less money, is a recipe for disaster.

This is something that will become obvious shortly, so there is really no reason to lie about it. But sometimes people do because they're trying to pay off other purchases they didn't tell their spouse about or because there isn't enough money.

### Keeping secret accounts

Having separate accounts is okay if your partner is aware of it. But having secret accounts is not. This can really break down trust in a relationship and make it difficult to overcome financial infidelity.

If you have bank accounts that your partner doesn't know about, or you make deposits to said accounts and say they're for something else, this is not okay.

Keeping income or debt a secret

