







# How To Be Happy When You're Broke

Reading Time: 5 minutes

Being broke can be a dark and depressing place to be.

Not only do you feel trapped and helpless, but you also miss out on the basic amenities that many take for granted.

You see your friends going out and having fun. Celebrities on tv seem to have an endless supply of luxuries.

And you're there trying to make sure you have this month's rent and food.

## 11 Tips To Be Happy Even When You Have No Money

If you're struggling to be happy when you're broke, I share some helpful tips below.

### 1. Realize That Being Poor Doesn't Have To Be Permanent

While you may feel that your situation will stay the same for the rest of your life, it doesn't have to be that way.

Realizing that you don't want to stay poor is the first step in changing your mindset. Now you can start implementing small changes in your life that will send it on a different trajectory in the future.

### 2. Set Goals

Just like in any other area of our lives, it's important to set realistic goals that you're working towards.

If one of your goals is to get a different career, then research what certifications or skill sets you need to break into that field.

Working little by little towards your new career will add up over time until you can make the transition.

Another goal you may have is to do better at budgeting on a daily basis. Or you may make a goal to lower your housing expenses.

Whatever your goals are, setting clear and actionable goals makes them easier to accomplish as opposed to being dreams. Check out my post on [setting and achieving financial goals](#) for an easy step-by-step plan.

### 3. Celebrate Even The Smallest Victories

When you're able to come in under budget one month, that's a financial victory!

