

Successfully Starting Over After A Bad Financial Decision

Reading Time: 6 minutes

Most of us at some point in our lives have made some terrible financial decisions that have set us way back from where we're trying to get.

Whether you've taken out a small fortune on student loans or piled another car loan on an existing one by surprising your husband with a new truck, we've all been there. Guilty.

Some of these choices made years ago will still have repercussions haunting us many years from now.

Sounds depressing, I know. While you could toss in the towel and cry defeat, these depressing scenarios don't have to own you forever.

Restarting Life When You're A Financial Mess

It's time to take control of your finances, instead of allowing them to control you.

Consider the following advice on helping you start over after you've made a bad financial decision.

Back Out If Possible

If you've just recently made that huge financial mistake, it might not be too late to fix it.

Even if you just bought a new car over the weekend and have felt sick about it since, you can still back out, even if it's already Monday. Regardless of whether the paperwork has been signed, you still have a good chance to make it right.

Read through the contract and see if you can get out. Many of these contracts have a few days of grace for you to reconsider.

Are there other financial burdens you've created that you can alleviate? That might mean selling that bad decision just to take some of the stress out of your life.

Taking a loss on an item may end up being a financially wise decision, especially with cars. A \$40,000 truck will quickly depreciate, often before you're able to pay off that balance.

By selling the car while the value is still high, you may only need to take out a loan for a few thousand dollars. This is far more reasonable to do and will get you on the right financial track much faster than had you kept the car.

Learn From Your Financial Mistakes

Bad decisions might be hard to bounce back from, but turn it into a learning opportunity. Most people learn from their mistakes, and this one happens to be yours.

